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ELECTROMYOGRAPHY (EMG/NCS) PATIENT INSTRUCTIONS

EMG/NCS studies are used to diagnose disorders of nerves and muscles. The procedure takes approximately 45 minutes to complete.

- Please advise the doctor if you are on any prescription blood thinners.
- Tell your doctor if you have a cardiac defibrillator or pacemaker, as precautions may need to be taken.
- No fasting or sedation is required prior to the procedure.
- Notify your doctor of all medications (prescribed and over-the-counter) and herbal supplements that you are taking.
- Dress in clothes that permit access to the area to be tested or that are easily removed.
- Stop using lotions or oils on your skin the day of your procedure.